

Joe Lombardo  
Governor

Richard Whitley, MS  
Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Cindy Pitlock, DNP  
Administrator

## RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM

### **DRAFT** MEETING MINUTES

**JULY 20, 2023**

**All members participated via Microsoft Teams technology (video or audio).**

#### **VOTING MEMBERS PRESENT:**

Char Frost  
Cherylyn Rahr-Wood  
Lana Robards  
Mala Wheatley  
Marcel Brown  
Melissa Washabaugh  
Michelle Sandoval  
Rebecca McGough  
Jaymee Oxborrow

#### **VOTING MEMBERS ABSENT:**

Heather Plager  
Sarah Hannonen

#### **STAFF AND GUESTS:**

Amna Khawaja  
Alex Esquibel  
Beverly Burton  
Bill Wyss  
Denise Padilla  
Fergus Laughridge  
Kary Wilder  
Kristen Rivas  
Laura Oslund  
Matthew Bommarito  
Mignon Hoover  
Misty Vaughn Allen  
Nicole Mara  
Shannon Hill

**1. Call to Order, Roll Call, Introductions.** – *Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:04 pm. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

**2. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Melissa Washabaugh announced that Jan Marson, representing “Business Community in the Region. Pediatric OT & Business Owner” has resigned from the Rural Nevada Children’s Mental Health Consortium.

Misty Vaughan Allen announced that the Suicide Prevention finalized training of trainers with the Rancher Farmer Grant with the Department of Agriculture for farmers stress and ranchers stress. Misty thanked everyone for their support and will make an announcement once those individuals graduate.

**3. For Possible Action. For Possible Action.** Approval of meeting minutes – *Melissa Washabaugh*

a. Main Meeting Minutes – May 18, 2023

MOTION: Lana Robards made a motion to approve the draft Meeting Minutes for May 18, 2023

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition, Cherylyn Rahr-Wood abstained

**4. For Possible Action.** Discussion and possible vote on recommendations to fill rural Children’s Mental Health Consortium membership vacancies – *RCMHC Members*

a. Nomination of Denise Padilla to fill “Parent of a child with an emotional disturbance” voting member position

MOTION: Cherylyn Rahr-Wood made a motion for Denise Padilla to represent a “Parent of a child with an emotional disturbance” voting member position

SECOND: Lana Robards

VOTE: Unanimous, with no opposition or abstention

Melissa Washabaugh announced there are still some vacancies and encourages anyone who has interest or knows of someone interested in joining the RCMHC to send her an email.

5. **For Possible Action.** Review, discussion, and possible vote on the Rural Nevada Children's Mental Health Consortium Budget – *RCMHC Members*

- a. FY 2023
- b. FY 2024

Kristen Rivas announced the budgets were approved to begin on July 1<sup>st</sup>, 2023. Funds were moved to support Washoe County and orders were placed for the Warmies® and medication safes. Additionally, our scholarship program will now allow the Consortium to order gift cards and provide stipends. The Consortium website is set for the rest of this year and next year.

Kary Wilder shared the budget for the next fiscal year and Melissa Washabaugh briefly went over the categories within the budget. The budget will be re-considered with the possible moving of funds in future meetings.

6. **For Possible Action.** FY 2024 Consortium Retreat Planning Workgroup update and possible vote on plans and budget – *Sarah Hannonen, Chair – RCMHC Members*

Lana Robards mentioned there are no updates regarding the Consortium Retreat due to the last few meetings not being held. There are some ideas on venues, food, location, but no official votes have been made. Updates will be announced once the Retreat Workgroup meets again. Melissa Washabaugh encouraged anyone with ideas or information on possible retreat items to send an email to Sarah Hannonen to discuss at the next workgroup meeting.

7. **For Information Only.** Nevada Caring Contacts (NCC) – *Cherylyn Rahr-Wood, Regional Behavioral Health Coordinator, Nevada Rural Hospital Partners*

Cherylyn Rahr-Wood shared a presentation on Nevada Caring Contacts, which offers adjustable intervention, preventing suicide attempts and ideation supplements, traditional mental health services, and providing messages of support and valid resources. It fills the gaps in the system of care and follow up when patients are being discharged from inpatient services. The NCC presentation will be made available to view on the state website at [2023MeetingandAgenda \(nv.gov\)](#)

8. **For Information Only.** Teen Text Line – *Cherylyn Rahr-Wood, Regional Behavioral Health Coordinator, Nevada Rural Hospital Partners*

Cherylyn Rahr-Wood shared a presentation on the Nevada Teen Text Line. The Teen Text Line is made available for those who are between the ages of 14-24 and has an objective of reducing harm, providing hope for recovery, encouraging engagement in positive support and early intervention. The Teen Text Line is available from noon to midnight, seven days a week, all days of the year, including holidays. The number for this line is (775) 296-8336. This presentation will be made available to view on the state website at [2023MeetingandAgenda \(nv.gov\)](#)

9. **For Information Only.** Unlocking Opportunities for the people of Fort McDermitt Paiute and Shoshone tribe– *Alex Esquibel LMFT, Behavioral Health Professional, Fort McDermitt Wellness Center*

Alex Esquibel provided a presentation on the Fort McDermitt Paiute and Shoshone tribe, and its wellness center. It is a Tribal Compact Health Clinic that offers services in primary healthcare, has a women's health pharmacy, acupuncture, behavioral health, and even offers transportation services. They are located near the border of Oregon and Nevada. The System of Care grant was awarded to Fort McDermitt and valid until September 29<sup>th</sup> of 2023. The grant has allowed the wellness center to hire on substance abuse counselors to serve youth and families who are struggling with substance abuse. The counselors have also been able to offer case management to provide families services such as internet, phone, or SNAP benefits, as well as applying for social security, in addition to basic level need care. The grant also provides lots of mental health resources and support groups to families and youth. This presentation will be made available to view on the state website at [2023MeetingandAgenda \(nv.gov\)](https://2023MeetingandAgenda.nv.gov)

10. **For Information Only.** Update on System of Care (SOC) Grant – *Bill Wyss, Division of Child and Family Services (DCFS)*

The System of Care Grant update for this meeting was part of agenda item #9, above.

11. **For Information Only.** Update on Pediatric Mental Health Access Care Grant (NVPeds) – *Nicole Mara, Education and Information Officer, Nevada Department of Health and Human Services)*

Nicole Mara announced NVPeds Telegram #25 was disseminated 2 weeks ago and it included information, guidance, and resources on the history of national minority, Mental Health Month. It talked about combating disparities in mental health access and services, and the intersectionality of cultural and mental health needs.

This federal fiscal year, NVPeds has sponsored over 700 participants through live and self-paced training. As a reminder, NVPeds offers free sponsored self-paced asynchronous training on the UNR continuing medical education website. The DC Zero to Five Clinical training is also being offered and consists of a three-day training that can be done in a live or virtual format.

The Pediatric Mental Health Care Access Program Grant from HERSA that funds NVPeds ends in September. NVPeds partnered up with Dr. Lisa Durrett at the UNLV Medical School to apply as a continuing competitor for an expansion of the three-year grant.

12. **For Possible Action.** Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – *Charlene Frost, Statewide Family Network Director, Nevada PEP*

Tabled.

**13. For Information Only.** Updates from Medicaid – *Marcel Brown, Social Service Program Specialist III, Division of Health Care Financing and Policy (DHCFP)*

Marcel Brown provided the following updates from Medicaid:

With the ending of Legislative session recently occurring, the Division is preparing internally with next steps for the many bills impacting Medicaid, more robust updates on these changes in the upcoming months as they are developed.

Many behavioral health PTs are scheduled to be surveyed this year like PT 14s, 26, 82, and 85s. The survey will be available by accessing the Quadrennial Rate Review webpage. The survey is due to be posted sometime this quarter. The rates unit had to postpone to the third quarter as they are finishing up with competing legislative priorities as well. The surveys are critical and last year's surveys resulted in the recommendation of a few PTs having their rates increased.

Medicaid now has an app available for beneficiaries. The webpage provides several video tutorials to support beneficiaries and providers in learning more about how to use it.

There is work being done to allow providers to search recipient's service history to help determine if service limitations have been met or are getting close and there needs to be a prior authorization soon. Currently this function is available for the substance use treatment providers PT 17 Specialty 215s and are adding it for PT 14 – Behavioral Health Outpatient Treatment, PT 82 – Behavioral Health Rehabilitative Treatment, and PT 85 – Applied Behavior Analysis.

NV SPA 22-0005

**Reimbursement Methodology for Intensive Crisis Stabilization Services:**

The proposed reimbursement methodology was added to Attachment 4.19-B, Pages 4a through 4c and Attachment 4.19-A, Pages 14-14c. New coverage language was submitted to define Intensive Crisis Stabilization Services (ICSS) and Mobile Crisis Response Delivered by a Designated Mobile Crisis Team (DMCT). As authorized by Assembly Bill 66 of the 80th Nevada Legislative Session (2019) and Senate Bill 156 of the 81st Nevada Legislative Session (2021), this SPA proposes the reimbursement methodology needed to establish Crisis Stabilization Centers within hospitals and Nevada Medicaid is requesting these ICSS services be included as part of a community facility-based model as well to increase access. Crisis Stabilization Services are defined by legislation as “behavioral health services designed to: (1) de-escalate or stabilize a behavioral crisis; and (2) avoid admission of a patient to another inpatient mental health facility or hospital when appropriate.” SPA language will address the rate methodology utilized for a daily rate of service. Initially, providers will be reimbursed a daily default rate that is market-based using a model to reflect service definitions, provider requirements, operational service delivery and administrative considerations. After a provider has a complete fiscal year of providing services, the provider will be allowed to complete a cost report to be used to determine an individual, provider-specific rate for crisis stabilization services.

This SPA is on Request for Additional Information (RAI), which essentially pauses the 90-day clock under CMS review. The latest discussions are impacted by the CCBHC SPA with similar rate methodology defined for the option to apply for a cost-based rate. This SPA has also morphed to include coverage language for Intensive Crisis Stabilization Services (ICSS) as well as Mobile Crisis response Delivered by a Designated Mobile Crisis Team (DMCT) as referenced above. CMS has no additional edits for the state related to the coverage language for these services.

[Web Announcement 2975](#) was created to inform on next steps with this process

#### NV SPA 23-0002 Certified Community Behavioral Health Centers (CCBHCs)

Revising bundled rate and Quality Incentive Payment methodology language and data submission requirement language. Public Hearing January 31, 2023, and submitted to CMS. This SPA was just put on RAI but will hopefully get turned around quickly since many of the remaining questions were talked through with CMS during the Disaster Relief SPA

#### 1915(i) Specialized Foster Care

Synchronizing terminology for agencies' titles, address monitoring/ remediation responsibilities, and modify percentages of QA reviews to ensure QA units can meet program requirements. Public Workshop coming late January 30<sup>th</sup>. Public Hearing was held March 28<sup>th</sup>, 2023. CMS has sent initial questions and the state just submitted our responses on June 1<sup>st</sup>. Questions were minimal. This SPA was approved on June 16, 2023!

#### Targeted Case Management

The Division has proposed to amend Nevada State Plan Amendment (SPA) Supplement 1 to Attachment 3.1-A Targeted Case Management to add in Nevada local county agencies as qualified providers under Provider Type (PT) 54 to deliver targeted case management services to adults with Serious Mental Illness (SMI). Currently county agencies are identifying Fee for Services recipients with SMI in need of case management services but are unable to be reimbursed for these services through Medicaid to assist. Current provider qualifications include state agencies and their employees or contractors, or an organization affiliated with the University of Nevada School of Medicine. Public Hearing will be held May 30<sup>th</sup>, 2023, and submitted to CMS. CMS has responded with a couple of initial questions related to ensuring there are no hard limits on these services and services limitations can be exceeded with use of prior authorization.

#### Alternative Benefit Plan (ABP) Amendment to include Medication Assisted Treatment (MAT)

The Division will be proposing an amendment to the Alternative Benefit Plan (ABP) to add Medication-Assisted Treatment (MAT) as required within section 1905(a)(29) of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act of 2018. This is already covered within Medicaid State Plan. Public Hearing will be held on May 30<sup>th</sup>, 2023, and submitted to CMS. No feedback from CMS has been received at this point.

## Upcoming MSM 400 – Mental Health and Alcohol and Substance Abuse Services Attachment B, C, and D

Once Nevada receives Implementation Plan approval for the 1115 waiver, we will propose edits to Medicaid Services Manual Chapter 400 Attachment B, C, and D as well as billing instructions to accommodate for newly approved authority for services within an Institution for Mental Disease (IMD). Will be presented at the July 25<sup>th</sup> public hearing, but effective October 1, 2023.

## MSM 400 – Mental Health and Alcohol and Substance Abuse Services

On March 31st, a public workshop was held for our newest addition to Medicaid Service Manual Chapter 400, Mobile Crisis response delivered by a Designated Mobile Crisis Team. This was presented and approved during the May 30th public hearing.

## SUPPORT Act Post-Planning Demonstration Grant

September 17, 2021, Nevada was among five states awarded the CMS SUPPORT Act Post-Planning Demonstration Grant Award.

Nevada will continue work identified through the Strategic Plan; some major strategies include but are not limited to:

- Development of a new Provider Type and individual specialties for Substance Use Treatment Providers.
- Nevada's Section 1115 Demonstration Waiver application entitled "Nevada's Treatment of Opioid Use Disorders (OUDs) and Substance Use Disorders (SUDs) Transformation Project".

## 1115 SUD Demonstration Waiver Update

We received 1115 application and authority approval from CMS on 12/29/22. The waiver allows for SUD services within an Institution for Mental Disease (IMD) setting to be reimbursable through Medicaid, the services are specific to these residential levels of care, ASAM 3.1, 3.2 Withdrawal management, 3.5, 3.7 Withdrawal management, and 4.0. We submitted our formal SUD Implementation Plan to CMS on May 3, 2023, CMS approved our Implementation Plan on May 24, 2023. This is a very comprehensive and helpful document to review as it lays out timelines and activities Nevada will pursue to meet the milestones and goals of the waiver.

Now that we have Implementation Plan approval, we are working out the details with Gainwell to allow for the Medicaid Management Information System (MMIS) to reimburse for services in an IMD for the Medicaid eligible population between the ages of 22-64. We are also working with Division of Public and Behavioral Health on steps to transition providers from billing the substance abuse block grant to Medicaid. Organized communication will be coming soon, once we can cross our Ts and dot our Is. We are also working on our other deliverables coming due including the Evaluation Design.

## Mobile Crisis Planning Grant

Coverage language for Mobile Crisis response delivered by a Designated Mobile Crisis Team was included as part of NV SPA 22-0005. As mentioned above, CMS has no additional edits at this time to the coverage language. The meat of the discussion with the SPA is related to ironing out the reimbursement methodology for Intensive Crisis Stabilization Services (ICSS). New Medicaid Service Manual Ch. 400 policy for Mobile Crisis response delivered by a Designated Mobile Crisis Team was approved during the May 30, 2023, Public Hearing and is posted. The Planning Grant is coming to an end on September 30, 2023. Aside from the policy standards and state plan amendment work, the Division has been working on development of a new Provider Type 87 for Crisis Services. This new provider type will have several specialties to help organize the crisis service continuum. The specialties will be Designated Mobile Crisis Team, Designated Mobile Crisis Team attached to a CCBHC, Mobile Crisis Team, Intensive Crisis Stabilization Services, and Crisis Stabilization Center. For mobile crisis delivered by a Designated Mobile Crisis Team here are a bit more specifics for these specialties:

### Provider Type 87 Specialty 031 – Designated Mobile Crisis Team

- Minimum of at least 2-person team responding
- At least 1 team member to respond in person
- Available 24/7/365
- Will receive an enhanced rate for delivery compared to typical crisis intervention service delivery using the H2011 code
- No prior authorization

### Provider Type 87 Specialty 031 – Designated Mobile Crisis Team attached to a CCBHC

- Minimum of at least 2-person team responding
- At least 1 team member to respond in person
- Available 24/7/365
- Able to be reimbursed on the same day as another service delivered by the CCBHC separate from the Prospective Payment System (PPS) rate
- No prior authorization

Once we receive CMS approval on the State Plan Amendment authorizing this model, this new provider type will be available.

## Legislative Updates

New positions were approved and added to the Behavioral Health Unit team! Certified Community Behavioral Health Centers (CCBHCs) will expand statewide, going from 8 current CCBHCs to 15.

### **14. For Possible Action.** Make recommendations for agenda items for the next meeting

#### *– RCMHC Members*

- Request for Autism Spectrum Disorder Resources – Rebecca McGough
- Update on the Katie Grace Foundation since its collaboration with the Consortia – Kimberly Weingartner



- RCMHC participation for future community events: Trick or Trunk event – Melissa Sandoval
- Update from DCFS Deputy or Rural Programs and Rural Child Welfare Issues – Dr. Cindy Pitlock

15. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

16. **Adjournment.** – *Melissa Washabaugh, Chair*

The meeting adjourned at 5:07 pm.

#### CHAT TRANSCRIPT:

[7/20 2:49 PM] Kary Wilder

Hello and welcome to the July RCMHC meeting. Please enter your name, title and organization in the Chat for the record. This meeting is being recorded. Thank you

[7/20 2:50 PM] Kary Wilder

Kary Wilder, PEU/DCFS

[7/20 2:56 PM] Kristen Rivas

Kristen Rivas DCFS PEU

[7/20 3:00 PM] Michell Sandoval

I apologize but I have to attend a quarterly meeting so won't be able to make today's meeting.

[7/20 3:01 PM] Kary Wilder

Thank you Michelle

[7/20 3:09 PM] Kristen Rivas

Great News Misty!

[7/20 3:17 PM] Cherylyn Rahr-Wood

Welcome Denise.. 🙌

[7/20 3:18 PM] Nicole Mara

WELCOME DENISE!!

[7/20 3:18 PM] Denise K. Padilla

Thank you. I am excited to be a part of this coalition.

[7/20 3:18 PM] Melissa Washabaugh (Guest)

[hermione\\_eevee@yahoo.com](mailto:hermione_eevee@yahoo.com)

[7/20 4:08 PM] Nicole Mara  
This is fantastic data! Thank you!

[7/20 4:13 PM] Misty Vaughan Allen  
OSP markets all of these lines at every training 988 just added Spanish text and chat last week  
Kudos to Laura and Cherylyn for such incredible work, not easy

[7/20 4:40 PM] Michelle Sandoval  
Great work Alex!!! It's good to see you!

[7/20 4:44 PM] Misty Vaughan Allen  
We do have some Tribal community members going through SafeTALK and ASIST T4Ts so  
maybe we can plan some events down the road Awesome Alex

[7/20 4:51 PM] Cherylyn Rahr-Wood  
Yes... I love it Nicole!

[7/20 4:53 PM] Michelle Sandoval  
That is great news, Nicole!!!

[7/20 4:55 PM] Nicole mara  
UNR CME Library NVPeds Sponsored Asynchronous Trainings  
<https://med.unr.edu/cme/childrens-behavioral-health>

[7/20 4:56 PM] Rebecca McGough, Foster Rep (Guest)  
I have to jump off a little before 5pm.

[7/20 4:56 PM] Nicole Mara  
Pediatric Access Line for PCPs <https://center4cs.org/pal-members/dashboard/>

[7/20 4:56 PM] Cherylyn Rahr-Wood



[7/20 4:58 PM] Nicole Mara  
If you know of a group or mental health agency interested in the DC:0-5 3-Day Clinical  
Training, please contact [NVPeds@dcfs.nv.gov](mailto:NVPeds@dcfs.nv.gov)

[7/20 5:01 PM] Marcel Brown  
Quadrennial Rate Review [QRR \(nv.gov\)](https://www.nv.gov/qrr)  
Medicaid App [MDPResource \(nv.gov\)](https://www.nv.gov/mdpr)

[7/20 5:01 PM] Nicole Mara  
Thank you, Cherylyn & Michelle! 😊

[7/20 5:02 PM] Misty Vaughan Allen  
Such a great meeting with so much great work. Take care everyone a

[7/20 5:06 PM] Cherylyn Rahr-Wood  
YESSSSSS

[7/20 5:06 PM] Nicole Mara  
Thrilled to be a part of this supportive and motivated group. It's inspiring to learn about all the excellent work being done! Thank you everyone!

[7/20 5:07 PM] Cherylyn Rahr-Wood (External)  
Have a wonderful weekend everyone..

Meeting ended: 2h 33m 56s